

# WELCOME TO STOCKHOLM

## Moving Boundaries Nordic X 2024

Here follows some information about the stay in Sweden, things good to know and things we want to share. We are here for you!

### EMERGENCY NUMBERS/ HEALTHCARE

The Swedish emergency number is **112**.

If you need medical advice the number is 1177, at below website you can also find information about where to go. The number to call with an abroad phone is +46 771-11 77 00

<https://www.1177.se/en/other-languages/other-languages/soka-var-det-har-ar-1177>

Don't forget to check what's needed if you need healthcare in Sweden. If a EU-citizen for example you should bring the European Health Insurance Card (EU Card).

Call 114 14 for all non-urgent police matters. If you are calling from abroad or from a foreign mobile in Sweden, call +46 77 114 14 00. Information in English about the Swedish police.

### PHARMACY

Pharmacies you can find all over Stockholm, we have one also one next to Telefonplan metro station and Konstfack. In the link below you can find all Pharmacies around Stockholm.

<https://www.apoteket.se/apotek/hitta/stockholms-lan/stockholm/>

### TRANSPORT

SL -Public transport Stockholm's local traffic:

<https://sl.se/en/in-english>

It's easy to get around in Stockholm by bus or trains. The local public transport company is called SL. If you can, it's recommended to download the app "Res i Sthlm" or "SL-reseplanerare och biljetter" on your phone. "Travis" is an app for buying tickets for SL or you can blip your credit card (VISA, Mastercard or American Express) at the checkpoints. There is also a possibility to buy a card at the kiosk "Pressbyrån" or in the manned card blocking for 20:- SEK and fill it with the preferred amount. Notice that it's important NOT to keep this card together with credit card when you blip at the latch, as there can be withdrawn from credit card as well- double charge.

It's important to have a valid ticket as checks are often done, and the cost is rather palpalbe.

**Konstfack:** Nearest subway station for Konstfack is Telefonplan. Adress: LM Ericssons Väg 14, 126 27 Hägersten

**KTH:** Nearest station for Architecture school KTH is Tekniska Högskolan or Östra Station. Adress: Osquars backe 5, 114 28 Stockholm

SL-tickets are also valid on ferries within the city. It's an amazing way to explore the city. See the routes here:

[https://sl.se/reseplanering/kartor/kartor-for-pendelbatslinjerna\(in Swedish\)](https://sl.se/reseplanering/kartor/kartor-for-pendelbatslinjerna(in Swedish))

### TAXI/Uber

**NOTE: Taxi prices are not regulated in Sweden; they may vary greatly. It is the customer's responsibility to check prices beforehand. Check the price on the yellow-and-white label, which is usually on the rear door window, before entering the vehicle.**

(Här anges taxiföretagets eller sammanslutningens namn)		
<b>PRISINFORMATION</b>		
När	Lämörpris	Det högsta jämförpriset som tillämpas av detta taxifordon
Vardag kl 06:00 - 18:00	252 kr	<b>348 kr</b>
18:00 - 06:00	305 kr	
	348 kr	
Betal alltid taxameterkvitto!		
Grunderna för hur priset bestäms framgår av prisinformation på insidan av taxifordonet!		
Följande avgifter tillkommer:		
• Värdetjänstavgift		
• Skattesa/Personavgift		
• Avgift för särskild skyddsbehandling för barn och dröymående gods		
Följande avgifter tillkommer:		
• Skattesa/Personavgift		
• Avgift för särskild skyddsbehandling för barn och dröymående gods		
• Skattesa/Personavgift		
• Avgift för särskild skyddsbehandling för barn och dröymående gods		
• Skattesa/Personavgift		
• Avgift för särskild skyddsbehandling för barn och dröymående gods		

You find information about taxi companies in below link due to visit Swedens recommendations.

<https://www.visitstockholm.com/travel-info/taking-a-taxi-in-stockholm/>

Uber is also available in Stockholm

### VISIT SWEDEN INFORMATION

<https://www.visitstockholm.com/>

A nice page where you can access a lot of information about Stockholm is the above page "visit Stockholm" where you, depending on your interest, can find out where to go and explore Stockholm. Maybe you want to see the "musts" or you have a special interest to explore?

To be short and general the different parts in central Stockholm differ. Östermalm is the posh area where you find in general more exclusive brands and so on, as well as The Royal Library- KB and the nice park Humlegården or Djurgården (highly recommended area for relaxed time). Kungsholmen is more mixed supply. Södermalm is the creative and mischievous neighborhood, Nytorget and Nytorgsgatan should be mentioned if you want to shop or hang around. The Old town area has some very nice streets but also can be a bit of a tourist trap.

### NOT TO MISS/ tips on activities

#### ANTIQUES

There are different areas of Antiques. Östermalm is the more expensive area and Sibyllegatan offers an interesting road to visit for ex seeing Alvar Alto or other well known designers work. Södermalm offers a more laid back supply but an interesting area for accessible design. There are also many second-hand shops with different profiles around town.

#### ARCHITECTURE

Please have a look at below links for information about where to go and what to see, but we also present below our recommendations.

<https://www.visitstockholm.com/see-do/attractions/architecture-in-stockholm/> and <https://stadsmuseet.stockholm/>

If you are interested of anthroposophical architecture or just beautiful architecture **Erik Asmussens** work could interest you- in Järna outside Stockholm, or Kristoffer school at Bromma. The thoughts in anthropology was that anthroposophical buildings should replicate the human form, eschewing straight lines, right angles and the traditional limitations of buildings wherever possible, in favor of swooping curves and organic, rounded shapes. It follows from various movements of 19th century spiritism and German idealist philosophy, arising at a time when scientists were repeatedly discovering the invisible, such as atoms, waves, and magnetic forces. The selectable trip to Skyspace will bring you to Järna, please look at program for further information.

[https://sv.wikipedia.org/wiki/Erik\\_Asmussen](https://sv.wikipedia.org/wiki/Erik_Asmussen)

<https://www.brikbases.org/sites/default/files/44Gary-Coates-WCDH2000.pdf>

Contact: +46 8 554 302 00

info@kulturhuset.nu

**Gunnar Asplunds** library is something you should see...next time in Stockholm! Unfortunately closed due to renovations until 2027. A temple of books is one often spoken description. There is though a possible visit the 14:th for just MB-participants. Sign-up is needed.

<https://maps.app.goo.gl/UWh5GQVXhZ2N7RfB7>

Another building by Asplund is the Skandia Theater (often called Skandia-biografen) is Stockholm's most famous classic cinema, located in the Warodellska house. The cinema was inaugurated in 1923 and was designed by architect Gunnar Asplund, and is today considered one of the most beautiful in Stockholm.

[https://sv.wikipedia.org/wiki/Skandia\\_\(biograf\)](https://sv.wikipedia.org/wiki/Skandia_(biograf))

info@bioskandia.se

Asplund also was together with Lewerentz the architects of the beautiful "Skogskyrkogården", the wooden cemetery.

As we go to Skogskyrkogården together, we keep information short. The main idea was that nature is soothing in grief, and whoever visits the site understands that the visions were so much bigger than a burial site. It is feeling and reverence chiseled through architecture.

<https://skogskyrkogarden.stockholm/>



Not in alphabetical order but what should be presented next is **Sigurd Lewerentz's** work. He did the proposal together with Asplund at the Wooden cemetery and their disagreement was perhaps the reason for the withdrawal of Lewerentz from the big scene. After over a decade of "absence" from architecture, Sigurd Lewerentz reappeared with the creation of St. Mark's Church in Björkhagen, Stockholm. His winning design for the church brought him back to the art of building, and his apt control of materiality brought the St. Mark's Church international attention.

<https://www.archdaily.com/157478/ad-classics-st-marks-church-in-bjorkhagen-sigurd-lewerentz>

<https://en.wikipedia.org/wiki/Skogskyrkog%C3%A5rden>

The Culture House, Kulturhuset, is a cultural center and theater offering seminars, art and design exhibitions and performances. The house was designed by **Peter Celsing** and his office and was finished 1972, recently the house was renovated in a responsible way, which has been noticed.

<https://hicarquitectura.com/2022/10/peter-celsing-kulturhuset-1974/>

Celsing also drew a worth seeing church in Vällingby (presented under "Vällingby"), St:Thomas church. In Årsta Celsing also drew a church, very peeled off, it have been payed attention in design fields.

<https://divisare.com/projects/417930-johan-celsing-arkitektkontor-andy-liffner-arsta-church>

*"This is not a commercial place, but a place where defining moments in people's lives often take place, for example weddings and funerals. That's why I didn't want the building to take center stage with 'cool' architecture and take the focus away from the rites and meetings that take place inside it."*

- Peter Celsing

**Ralph Erskine** put his signature in Stockholm. He was captured by the welfare society's thinking and by the close connection between design, architecture and social responsibility. There is a small museum at Ekerö, Lovön, "The box" (not so easily accessible) that shows how his first own house looked. Also Ekerö center is interesting to see- built between 1983-1991. On the way to Erskines "The box" you will also pass the king's castle at Drottningholm with beautiful "China castle"

<https://hicarquitectura.com/2020/08/ralph-erskine-the-box/>

Contact ArkDes för key: <https://arkdes.se/en/about/contact-us/>

<https://www.kungligaslotten.se/english/royal-palaces-and-sites/the-chinese-pavilion.html>

Erskines Stockholm Campus building from 1981 is also worth seeing.

<https://hicarquitectura.com/2019/05/ralph-erskine-frescati-stockholm-university-campus-1977/>

**Léonie Geisendorf** production came to be characterized by the ideals of late modernism in the spirit of Le Corbusier, with strong, raw materials and constructions in untreated concrete. Her work is often attributed to features of brutalism and structuralism. St. Göran's gymnasium on Kungsholmen and Villa Delin in Danederyd is worth seeing- if just from outside.

[https://sv.wikipedia.org/wiki/L%C3%A9onie\\_Geisendorf](https://sv.wikipedia.org/wiki/L%C3%A9onie_Geisendorf)



"Matchstick Palace" was designed by architect **Ivar Tengbom**. It was commissioned by the "Match King" Ivar Kreuger (1880–1932) as the headquarters of the Swedish match company. Behind the latticework and Corinthian columns of the main portico is the horseshoe-shaped inner courtyard on which the building is centered. The façades of the ground floor are dressed in marble from Kolmården and the courtyard is furnished with the sculpture Diana fountain I by sculptor Carl Milles. (Carl Milles museum on Lidingö is another nice place on Lidingö): <https://www.millesgarden.se/>

[https://en.wikipedia.org/wiki/Matchstick\\_Palace](https://en.wikipedia.org/wiki/Matchstick_Palace)

Contact: +46 8 8445 96 50

[office@andersbodin.se](mailto:office@andersbodin.se)

**Gert Wingårdh** needs to be mentioned. He is seen by many as the only current "star architect" in Sweden. One of his latest buildings is the extension at Liljevalchs museum. There has been a great deal of controversy surrounding the building as the raw architecture stands in stark contrast to Djurgården's otherwise preserved and sensitive environment.

<https://www.archdaily.com/988395/liljevalchs-plus-museum-wingardhs>

<https://liljevalchs.se/en/om/liljevalchsplus/>

"Arkitekturupproret" or, the architecture revolt, is a Swedish non-profit association, which was founded in September 2016. It works for new construction according to classical architectural tradition, improved area planning and a strengthened protection for existing cultural values. Wingårdh's work seems to be the associations most questioned, but the discussion is interesting if you look at it at the core. What are architectural qualities and who has the right to say what this is? Environmental psychology was developed during the 60s, for example, based on a criticism of the million dollar programs. But unfortunately, the really interesting discussion has become stuck in simple clichés debate.

The Stockholm town hall was consecrated 1923 and is one of the country's leading examples of national romanticism in architecture. The City Hall was designed by architect **Ragnar Östberg** and is built from eight million bricks. The great Nobel banquet is also held at City Hall, so maybe you have seen the inside from the Nobel Prize awarding ceremony. Below a picture with town hall to the left, seen from Södra Mälärstrand.

<https://stadshuset.stockholm/en/>



## INTERESTING ARCHITECTURE AREAS:

**Hammarby sjöstad** is a cycle-adapted district near the lake in the ring of the stone town with the character of neomodernism and neighborhood town. Build between 1994-2020.

<https://www.neighbourhoodguidelines.org/hammarby-sjstad-case-study>

**Understenshöjden** is an ecovillage located in Björkhagen, Stockholm. The project was planned and carried out during the 1990's and is Stockholms first ecovillage.

<https://understenshojden.se/om-understenshojden/about-understensvagen/>

**Vällingby** is an interesting area if you are interested in mid-century political thoughts. Vällingby is considered a very important work in Swedish modernism and urban planning. The town plans for Vällingby's sub-areas followed the General Plan for Stockholm in 1952, which was drawn up under the direction of the director of town planning, architect **Sven Markelius**. The idea was to build a new type of district, which would not become a sleeping town but become a so-called "ABC city" with jobs, housing and center in the same area. Former world famous prime minister Olof Palme was also living on "Vällingby height" -which is famous for its human scale row houses from the mid-century and houses that follows the nature's typography.

Västerortkyrkan by Carl Nyren and Bertil Engstrand is also worth seeing in Vällingby. Le Corbuiser supposedly said 1958:

*"If you are going to see beautiful churches in Europe, there are three you should not miss: Basilica of St. Peter in Rome, Notre Dame in Paris and Västerort Church in Vällingby."*

-Le Corbusier

<https://en.wikipedia.org/wiki/V%C3%A4llingby>

<https://sv.wikipedia.org/wiki/V%C3%A4llingbyh%C3%B6jden>

But also **Celsing** drew a beautiful church in Vällingby, St Thomas Church. The ensemble of the Church of St. Thomas can be interpreted as an oasis of monastic seclusion in the busy environment placed just beside the shopping center.

<https://hicarquitectura.com/2023/04/peter-celsing-st-thomas-church-1959/>

Contact telephone: +46 8 4458500

vallingby.forsamling@svenskakyrkan.se

## ART

This guide can provide some nice advice for where to go regarding galleries.

<https://viewstockholm.com/stockholm-best-art-galleries/>

Stockholm metro line also have art at every station, a favorite worth seeing is Kungsträdgården by artists **Ulrik Samuelsson** and **Arne Fredriksson**. There are a lot of traces from the old Klara area. The Norrmalm regulation (also City decontamination) is the comprehensive revision of the town plan for lower Norrmalm in Stockholm's inner city, which was realized during the 1950-1970s. The implementation resulted in that hundreds of old houses in the area "Klara" from 18th century were torn down to give way to the modern Stockholm city. Hundreds of houses were demolished in Stockholm City and instead, new subway lines, car tunnels, Hötorgetskraporna and Kulturhuset were built.



## BOOK ANTIQUARIANS

"Rönnells" at Birger Jarlsgatan 32 is recommended to visit, or the more specific "Stockholms Science Fiction-antikvariat" at Rutger Fuchsgatan 8. There are also other antiquarians to be explored.

<https://ronnells.se/>

## CERAMICS

Around Slussen and on Hornsgatan you find some small member-driven galleries worth visiting. All around Södermalm you can find a lot of studios in ceramics, crafts and jewelry as well.

<https://konsthantverkarna.se/>

<https://www.blasknada.com/>

<https://kaolin.se/>

## DESIGN

**Estrid Ericson** opened the designshop Svenskt Tenn 1924, when she offered the austrian architect Josef Frank a temptation to live and work in Sweden 1934, she produced a leaf in Swedish design history.

<https://www.svenskttenn.com/se/en/>

There is a kind of newly opened private museum of furniture in Frihamnen that could be interesting to investigate for seeing a lot of swedish and international furniture. **The Museum of Furniture Studies** was founded in 2017 by Swedish architects and designers Kersti Sandin and Lars Bülow. With over 40 years of experience from different areas of the world of design, industry and academy, they decided to share their vast private furniture collection with a design-oriented public. Check out opening hours.

<https://www.facebook.com/mobeldesignmuseum>

<https://www.mobeldesignmuseum.se/exhibitions>

Of course **Nationalmuseum** needs to be mentioned in this field!

<https://www.nationalmuseum.se/>



A new design member is also VERK that works for sustainable produced design furniture. "There's a lot of talk about sustainability, but who actually does something about it and makes a difference?"

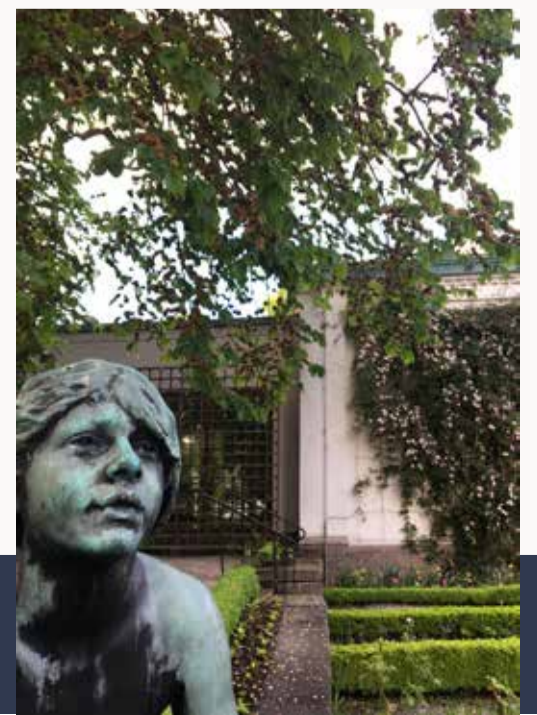
<https://verk.se/products/>

## MUSEUMS

There are many museums in Stockholm with different orientations. It's hard to recommend any special as it should be out of your own interest, but to mention some.... Skansen is a favorite because you can experience some old buildings and it's a zoo with Scandinavian animals at the same time.

<https://www.skansen.se/>

Also the painter Prince Eugens Waldemarsudde is located on Djurgården, its a calming spot by the water with possibility to see exhibitions and parts of original interior. <https://waldemarsudde.se/>



Another small little pearl needed to be mentioned is Carl Eldh's Studio Museum!

<https://maps.app.goo.gl/817N5JRzWCdNyrs98>  
<https://www.stockholmmuseums.se/en>



### MUSIC

Glenn Miller Cafe. Live jazz performances in a small (!) cozy cafe and bar that has been decorated with music-related collectibles.

<https://maps.app.goo.gl/W3j6fSFCRNQJDeueA>

Mosebackterrassen. Lively gathering place for drinks and snacks, with an outdoor beer garden and live music- nice view!

<https://maps.app.goo.gl/W3j6fSFCRNQJDeueA>

### OUTDOOR ACTIVITIES:

A **Boattrip** in the Artipelago could also be just what you want if the weather is nice. The Artipelago is just wonderful in this season. Highly recommended! For these trips you need special ticket.

[https://www.stromma.com/en-se/stockholm/excursions/day-trips/?mtm\\_campaign=p-search-sv-se-stockholm-excursions&mtm\\_source=google&mtm\\_medium=cpc](https://www.stromma.com/en-se/stockholm/excursions/day-trips/?mtm_campaign=p-search-sv-se-stockholm-excursions&mtm_source=google&mtm_medium=cpc)

You can also use your SL tickets to go on the ferries around the city.

**Kayaking and baths** is available all around and in Stockholm. Quite in the center of Stockholm is a small island called Långholmen. It's a nice place with a youth hostel in the former prison, a kafé and small museum of Bellman who was a well known musician that wrote songs in the 18th century. Also you can find a rare small business with hand printed wallpapers as well as a place to rent canoes and stuff, you can also take a bath (though look for signs about water quality) or just relax.

[https://langholmenkajak.se/en?gad\\_source=1&gclid=CjwKCAjwp4m-0BhBAEiwAsdc4allbabNKIVOcDFs-04eEtou2DgmYIAKMo-mLA-9YxlQZ\\_XgvSxN6qBoC1jQQAxD\\_BwE](https://langholmenkajak.se/en?gad_source=1&gclid=CjwKCAjwp4m-0BhBAEiwAsdc4allbabNKIVOcDFs-04eEtou2DgmYIAKMo-mLA-9YxlQZ_XgvSxN6qBoC1jQQAxD_BwE)  
<https://www.handtrycktatapeter.se/>

Rocks to swim from can be found at Kungsholmen for example. It's easy to find your own relaxing spot central. <https://parker.stockholm/hitta-badplats/>  
If you want to take a bath inside maybe Centralbadet could be something <https://centralbadet.se/> If you want to escape Sweden culture- maybe a relaxing day at Yasuragi is what you need <https://www.yasuragi.se/>.

### OTHER...

Have dinner or lunch at some cliffs overlooking the water, bring a picnic! Some nice sunset spots are:

<https://maps.app.goo.gl/PoDCVQp8krbR5LxW9> (quite close to Konstfack)  
<https://maps.app.goo.gl/2zKZRLHQYRKjqcYt8> (overlooking the city)

**Studio visits** are available all around, here one locals tips.

<http://erika-petersdotter.se/> is here: Sankt Paulsgatan 11, 118 46 Stockholm  
<https://www.keramikerna.se/> is here: Åsögatan 159, 116 32 Stockholm  
<https://keramiker-helena-sundstedt.myshopify.com/> is here: Bergsundsgatan 9, 117 37 Stockholm)

### Interesting instagram pages

Weekly updates on current events: <https://linktr.ee/boomerella>

Tips for Stockholm: <https://www.instagram.com/hejhej.stockholm/>

Art Guide: <https://www.instagram.com/stockholmartguide/>

From a local we also got the information that the former Sala silver mine is worth a visit. Explore by the link below. This excursion needs some travel.

<https://www.salasilvergruva.se/en/>

*As you can see, there is a lot to choose from in and around Stockholm. There is much more, this is just a sampling. Please reach out if any questions. We wish you the best stay in Stockholm!*

*//Annsofi Gråmunke, Johanna Enger, Ines Bartl and Ana Angulo*



All photos in this folder is by A Gråmunke

## FOOD CLOSE TO KONSTFACK

For your convenience we have put together a list with the most restaurants around Konstfack, please check opening hours if you have any special plan.

Sometimes, there are also food trucks in front to Telefonplan subway station or ICA supermarket. Lunch to go can also be found at ICA supermarket or Hemköp, located on the small square close to the subway station.

## RESTAURANTS

### ADDFOOD

Simple cantina, buffet style

open 7–14

<https://maps.app.goo.gl/np7R7XVhFxfGqQgA9>

### BEST ON THE BEST SUSHI

Small and good sushi place, take away

open until 20:30

<https://maps.app.goo.gl/V7i4gt71WoyGpe2t9>

### BRÖDERNAS

Burger restaurant

open 11–14 and 17–21

<https://maps.app.goo.gl/AtRx8rZNPvvGyF7U6>

### CAFÉ GLASKLART

The nice café at Konstfack

<https://maps.app.goo.gl/YGGaczwU7LxZ6k1h9>

### FOODMARKET TELEFONPLAN

Pizza, pasta and pokebowls

<https://maps.app.goo.gl/QLtY9Em8Rd1H46ZF6>

### GIGI'S HÖRNA

Lebanese kitchen

open 11–14 and 15–21

<https://maps.app.goo.gl/RwRYrDG14P3raUXz5>

### HOLY KEBAB

Kebab

open 11–21/22

<https://maps.app.goo.gl/bcJY9ATjp11dQRWP6>

### KRUBB

Nice burger place

open 11– 21/22

<https://maps.app.goo.gl/DJNyD2tymZLgFmFrZ>

### LANDET

Cozy restaurant with very good food and sometimes music

open 11–23/24/01 (closed between 14 and 16)

<https://maps.app.goo.gl/4AouHch9kay5t48w6>

### LULU

Sushi

open 11–22

<https://maps.app.goo.gl/7WAqpg4xUreS99Co7z>

### PITA I PARKEN

open 16–21

<https://maps.app.goo.gl/xDTc37HvDYa5fWTM7>

### PIZZERIA ITALIA

Pizza, might be temporarily closed

<https://maps.app.goo.gl/sjuobu4tcFQpFfUi8>

### RAIN

Indian food

open 11/12–22

<https://maps.app.goo.gl/VzSkFUhNg4EJrgBi9>

### SUHSI BAR MASAHIRO

open 10/12–21

<https://maps.app.goo.gl/CovoKgPPZMiPehGw5>

### SVENSKA BURGERKÖKET

Burger place

open 11–21/22

<https://maps.app.goo.gl/V3gi4x5Gy3uepTP9A>

### SVENSKA PIZZAKÖKET

open Wedn + Thurs 17– 21, Fri 16–21, Satur + Sun 12–21

<https://maps.app.goo.gl/uJP5TBao1X4VgUt9A>

### SVENSKA SUSHIKÖKET

Sushi place

open 11–21

<https://maps.app.goo.gl/6VYkV4erWq3MXrM19>

### TELEGRILLEN

Kiosk with fast food

open 10–21

<https://maps.app.goo.gl/bw3WhikDTcHqKe8P8>

### VIET BISTRO TELEFONPLAN

Vietnamese restaurant

open mainly 11–19:30

<https://maps.app.goo.gl/q6APY19MAcXHoWRL6>

## CAFÈS

### SÖDERBERGS BAGERI

Amazing bakery with homemade pastries and bread

open mainly 8–16

<https://maps.app.goo.gl/x5YevWvEtucx6c7E9>

### A.B.CAFE

Cute café with snacks and easier food

open 10/11–16

<https://maps.app.goo.gl/TZ2MqY6go5uhSYk48>

### BONNE FEMME

open Mon-Fri 7–18 + Sat-Sun 8-17

<https://maps.app.goo.gl/mYaNApmzz88cn11a8>